



# Program ZEN

Accommodation with breakfast included

Yoga Class

Afternoon Tea

January to July

September to December

Holidays and public holidays Availability upon request

Program for one person, one-night stay



# Program

## ZEN

Restore your physical, energetic, emotional, and mental balance.

Finally, rediscover your senses to the sound of a gentle melody, accompanied by a hot tea that we have delicately prepared for you!

Yoga class by appointment, subject to hotel availability.